## John F. Kennedy Catholic School Uniform Policy

Philosophy: JFK's dress code reinforces the uniformity of the student body, reduces the potential for distractions, makes it easier for parents/students to choose school appropriate clothing, supports our well disciplined environment where the focus can be on academics and faith development, and presents a positive image of JFK.

Girls' Plaid Uniforms:
K-8: JFK's blue-colored plaid uniform jumper or skirt
K-8: Girls must wear shorts or Navy, Black, or White solid colored leggings or tights under their plaid jumpers and skirts for modesty reasons
K-8: Length should be no shorter than 2" above the knee
Jumpers and uniform skirts are available at Religious Supply, 1309 Jersey Ridge Rd., Davenport, at other local stores, and through online vendors

Girls'/Boys' Pants:
Solid Navy or Khaki dress slacks in cotton or corduroy
No denim, cargo pants, baggy pants, parachute pants, pants with exterior zipper pockets or pockets down the legs, spandex, ballet, stirrup, sweatpants, yoga pants, nylon, oversized, or rolling of pants above the ankles

Girls'/Boys' Shorts, Skorts, Capris
Girls: Solid Navy or Khaki dress/walking shorts, skorts, or Capris in cotton or corduroy
Boys: Solid Navy or Khaki dress/walking shorts in cotton or corduroy
Length of shorts and skorts: No shorter than 2" above the knee
Not hanging below the knee
No cargo shorts or oversize shorts
Shirts:
Solid White, Navy, or true Red non-fitted short or long sleeved blouse, turtleneck, or polo shirt with collar
If there is a logo or brandname, only a single logo on the front is allowed, and it must be less than 2 "
Official JFK collared spirit wear in Navy, Red, and White
Shirts must be tucked in
If undershirt is worn under uniform shirt, it must be plain white
No layering of short sleeve or long sleeve
Crusader Theater t-shirts may be worn from receipt of the shirt through two weeks after the public performance

Sweaters, Sweatshirts, Vests, Fleeces, Long-sleeve dry fits:
Solid White, Navy, Black, or true Red
If there is a logo or brandname, only a single logo on the front is allowed, and it must be less than $2 "$
Visible uniform shirt (as above) must be worn underneath
Non-personalized JFK and AHS non-hooded spirit wear
Neat collegiate non-hooded wear for grades 6-8. College names or logos are exempt from lettering sizes
No hooded clothing, clothing worn inside out, or oversized clothing
Socks:
Solid colored Red, Navy, Tan, White, Grey, or Black socks must be worn Only a single logo is allowed, and it must be less than $2 "$

Exception: Two logos may be on each sock if the logos are identical and meet the size requirement
Socks that are not visible ("no shows") can be of any color, but socks still need to be worn If socks are visible, they must match

Belts:
4-8: Worn with clothing that has belt loops
Shoes:
Close toed and close heeled for K-8
Properly secured as intended by the manufacturer and/or as needed to keep the shoes on and for safety at school
Shoes must match
No fashion or snow boots may be worn throughout the day.
If worn to school, boots should be changed upon arrival.
Lights and sounds on shoes must be turned off during the school day and after school events as indicated by supervising staff.

## Hairstyles:

Neat and clean hairstyles which allow students to see without constant attention to hair.
No extreme hairstyles (such as punk, rat tails, Mohawks, shaved designs, extreme/unnatural coloring, etc.)
After the dress code demerit/violation issued on the first day, demerits for hair issues will be issued every three days until the issue is remedied. The student will also not be allowed to participate in out of uniform dress days until the issue is remedied.

Girls' Make-up, Jewelry, etc.:
K-5: No make-up
6-8: Moderation/natural look eye, facial, and lipstick/gloss makeup
K-8: No more than 2 post earrings in each ear. No dangle or hoop earrings
No tattoos and body piercing other than the ears
Only a single logo is allowed on head bands, and it must be less than 2 "
Jewelry should be minimal and not create a distraction or disrupt the learning process
Boys' Make-up, Jewelry, etc.
No make-up
No more than 2 post earrings in each ear. No dangle or hoop earrings
No tattoos and body piercing other than the ears
No facial hair
Jewelry should be minimal and not create a distraction or disrupt the learning process

## Enforcement:

1) By the parent and student before the student leaves home.
2) By the staff at school
3) Dress code violation:
a. K-4: Note sent home or other communication with parents
b. 5-8: Dress code demerit. Three dress code demerits per quarter yield a 15 minute detention. Each subsequent dress code demerit in a quarter also yields a 15 minute detention.
Policy Adopted Prior to 1993
Policy Revised: May 2, 2006; June 5, 2007; May 4, 2010; May 7, 2013 ; May 5, 2015; April 5, 2016; June
6, 2017; June 14, 2018; September 4, 2018; June 4, 2019; August 4, 2020; June 21, 2021; June 14, 2022
Policy Reviewed: June 6, 2023

## Gym Clothes Policy

Proper attire is needed for physical education class at JFK. Proper attire will help allow students to participate fully in the physical activities, help reduce the maintenance needed for the gym floor, and maintain the values of our Catholic school.

## GRADES K-8:

SHOES: All students must have non-scuff gym shoes that are clean for gym use. Shoes must be properly secured as intended by the manufacturer and/or as needed to keep the shoes on and for safety at school. Students who do not have appropriate shoes may not participate.

## GRADES 5-8:

Students in grades 5-8 will not change clothes for gym; they may wear their gym clothes during the day on days when they have gym.

GYM SHORTS: Gym shorts must be purchased through the school identified vendor. The student's name should be written on the tag. No other shorts are allowed for PE.

LONG PANTS: Gym sweatpants or loose fitting athletic pants that must be purchased through the school identified vendor may be worn.

GYM SHIRTS/SWEATSHIRTS: Properly sized crewneck gym JFK spirit wear tshirts that must be purchased through the school identified vendor are to be worn for gym class. Over their t-shirts, students may also wear sweatshirts, fleeces, and long-sleeve dry fits that meet the regular uniform policy. If students cannot raise their arms to their sides or above their heads without the top of their shorts still touching the bottom of their shirts, then the gym shirts are too small. If students' shirts are as long as or longer than their gym shorts, the shirts are too big.

If a $5^{\text {th }}-8^{\text {th }}$ grade student is not dressed in accordance with the gym clothes policy, a dress code demerit is issued. Three dress code demerits per quarter yield a 15 minute detention. Each subsequent dress code demerit in a quarter also yields a 15 minute detention, and his/her grade may also be affected.

Policy Adopted: September 7, 2004
Policy Revised: June 5, 2007; May 5, 2015; April 5, 2016; June 4, 2019; June 21, 2021; June 14, 2022; June 6, 2023
Policy Reviewed: April 12, 2010; May 7, 2013; June 6, 2017 ; June 14, 2018; August 4, 2020

## Athletic Practices Attire Policy

Proper attire is needed when using our campus. It is also needed off our campus when representing JFK or OLV.

If a child is not dressed accordingly, the child may not be allowed to participate.
SHOES: When indoors, children must have non-scuff gym shoes that are clean for gym use. Shoes must be properly secured as intended by the manufacturer and/or as needed to keep the shoes on and for safety at school.

SHORTS: Shorts must be of a modest length (at least a 4 inch in-seam), modest fit, and not rolled at the waist. No oversize shorts or shorts below the knee are allowed. Loose fitting sweatpants or athletic pants are also acceptable.

SHIRTS: Properly sized non-white $t$-shirts with sleeves are to be worn. If children cannot raise their arms to their sides or above their heads without the top of their shorts still touching the bottom of their shirts, then the gym shirts are too small. If children's t-shirts are as long as or longer than their gym shorts, the shirts are too big. No logos, advertising, slogans, sayings, or other pictures of a nature that would be inappropriate to a Catholic school are permitted. Sweatshirts or fleeces are also allowed.

Policy split from 541.1 and adopted: May 5, 2015
Policy Revised: April 5, 2016; June 6, 2017; June 14, 2018; August 4, 2020
Policy Reviewed: June 4, 2019: June 21, 2021; June 14, 2022; June 6, 2023
Policy 541.2

## Out of Uniform Dress Day Guidelines

Even when there is an out of uniform dress day, certain guidelines are appropriate for the modesty expected in a Catholic school. These guidelines are not intended to limit the fun of theme days, but they are intended to provide a minimum standard.

Tops: Modest tops without holes, low necklines, spaghetti straps, or visible undergarment straps. Pants/shorts/skirts: Lengths of shorts/skirts must meet the requirements of the above uniform policy. Loose fitting jeans and loose fitting pants may be worn. If wearing tightly fitted jeans/pants/leggings in grades $5-8$, one's top (shirt, sweater, etc.) must go to at least the top of the leg. Holes in one's clothing are not permitted.
Socks must be worn unless formal attire is worn.
Footwear must be worn.
Hats and hoods may only be worn inside the building if specifically stated as part of the special dress day.

If a student's attire is not within these guidelines, the student will be asked to change his/her clothing. If the clothing cannot be changed, a dress code demerit will be issued, and the student will not be allowed to participate in the next out of uniform day.

